



Talk *of the* Town

Parker Trails Network Set to Expand

The Town continues to expand and enhance its network of trails connecting parks, open space, residential communities and public facilities. A major component of this system is the East/West Trail.

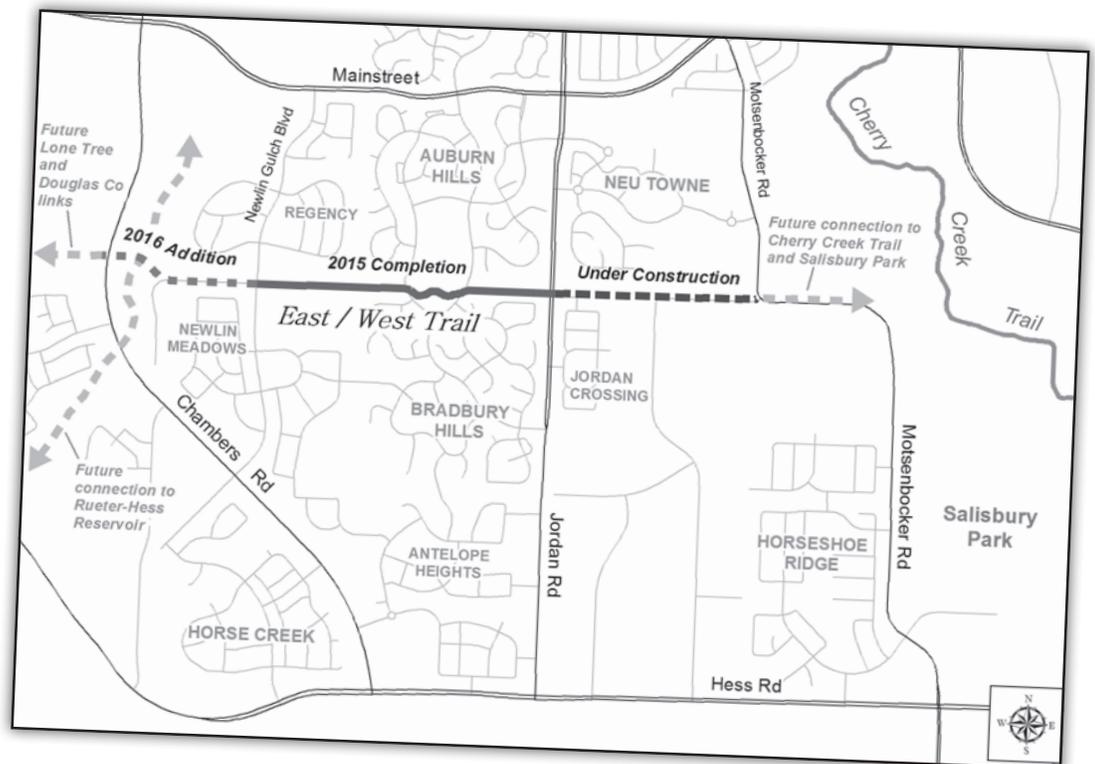
Construction of the segment between Jordan Road and Newlin Gulch Boulevard will begin in April with completion this summer. The first segment of this trail is already under contract for construction from Motsenbocker Road to Jordan, with the next phase of construction anticipated for 2016, running from Newlin Gulch Boulevard to Chambers Road. This trail, which is located within the existing Public Service Company right-of-way, will eventually connect to the Cherry Creek Trail and Salisbury Park on the east and Reuter-Hess Reservoir, via the Newlin Gulch Trail, on the west.

In the future, the East/West Trail is planned to continue west through Lone Tree and Douglas County, connecting with major open space and park areas and linking with other existing and planned trails. This trail has been in the planning stages for more than 20 years and is a cooperative effort between the Town, Lone Tree and Douglas County. The Parker portion of the trail is funded by the Town's existing 1/2-cent sales tax dedicated for parks, trails, open space and recreational amenities.

If you have questions regarding this specific project or trails in general, please contact Dennis Trapp at the 303.805.3276 or dtrapp@parkeronline.org.

Inside this Issue

- 2 Shave the Mayor
- 2 East Mainstreet Project Phase I
- 3 Mainstreet Safety Tips
- 3 Become a Victim's Advocate
- 4 National Nutrition Month
- 5 Parks and Recreation Update
- 6 Parker Arts Update
- 7 Town of Parker Blood Drive
- 7 Community Development Corner



From the Mayor and Town Council...

Support the St. Baldrick's Foundation at "Shave the Mayor" Event



*The Parker Town Council.
From left to right, front row:
Josh Martin, Joshua Rivero,
Renee Williams and John
Diak. Back row: Amy Holland,
Mayor Mike Waid and Debbie
Lewis.*

Join Town of Parker Mayor Mike Waid and more than 30 enthusiastic participants for the third annual "Shave the Mayor" event on April 18. Participants will shave their locks, and in some cases beards, in support of the St. Baldrick's Foundation and the fight against pediatric cancer. You can join in the fun and see community-minded participants, including Mayor Mike Waid and his son Matthew, Councilmember Josh Martin and Councilmember Joshua Rivero, go bald to support childhood cancer research.

Shave the Mayor will take place on Saturday, April 18 beginning at 10 a.m. at the Vehicle Vault, located at 18301 Lincoln Meadows Parkway in Parker. Want to help? You can sign up to shave, make a donation toward the event's \$10,000 fundraising goal and view the full list of Shave the Mayor participants at www.ShaveTheMayor.com!

Mayor Waid started the Shave the Mayor event in 2013 after he realized that Parker did not have an event to support this amazing foundation. "Our lives are all touched by cancer in some way - through our family, friends or coworkers," said Waid. "This event is one small way we can all make a big difference for the childhood cancer community and help fund research to find cures."

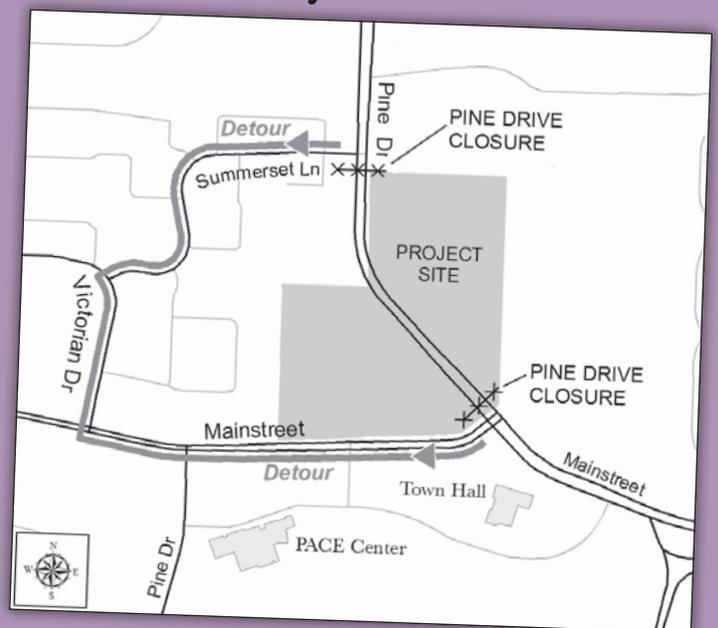
About St. Baldrick's Foundation

The St. Baldrick's Foundation is a volunteer-driven charity committed to funding the most promising research to find cures for childhood cancers and give survivors long and healthy lives. St. Baldrick's coordinates its signature head-shaving events worldwide where participants collect pledges to shave their heads in solidarity with kids with cancer, raising money to fund research. Since 2005, St. Baldrick's has awarded more than \$154 million to support lifesaving research, making the Foundation the largest private funder of childhood cancer research grants. St. Baldrick's funds are granted to some of the most brilliant childhood cancer research experts in the world and to younger professionals who will be the experts of tomorrow. Funds awarded also enable hundreds of local institutions to participate in national pediatric cancer clinical trials, and the new International Scholar grants train researchers to work in developing countries.

East Mainstreet Project Phase I Now Underway

Construction is underway for the grading work and regional drainage improvements on the Town properties located adjacent to Pine Drive north of Mainstreet. The contractor is currently completing the installation of underground storm sewer through the property west of Pine Drive and is scheduled to begin grading operations in early March, weather dependent. This will include the construction of a stormwater detention pond on the property east of Pine Drive. The earth displaced by this pond will be used to level the property west of Pine Drive and will require daytime closures of Pine Drive for approximately two weeks. The closure is currently scheduled for early March.

The next phase of improvements for this site is currently under design and scheduled for construction early this summer. This will include additional utility, roadway and streetscape improvements to ready the property west of Pine Drive for development. Look for additional information regarding this project in the coming months.



Let's Make Mainstreet Safer for Everyone

Individuals have different preferences when it comes to transportation, but there's one that all road users share – everyone is a pedestrian. Recent warm weather has enticed people out of their homes to enjoy all Parker has to offer, which has led to an increase in pedestrian traffic. The Parker Police Department is working to raise awareness about pedestrian safety along Mainstreet in Old Town Parker.

Tips for Pedestrians

- Cross streets at crosswalks or intersections, this is where drivers expect pedestrians to be.
- Do not dart suddenly into traffic, especially from between vehicles parked on the side of the road.
- Don't assume a driver has seen you. Make eye contact with drivers as they approach you to make sure you are seen.
- Be predictable. Follow the rules of the road and obey signs and signals.
- Keep alert at all times. Don't be distracted by electronic devices that take your eyes and ears off the road.
- Watch for turning vehicles. Make sure the driver sees you and will stop for you.
- Avoid alcohol and drugs when walking. They impair your abilities and judgment too.

Tips for Drivers

- Look out for pedestrians everywhere, at all times. Safety is a shared responsibility.
- Yield to pedestrians in crosswalks and stop well back from the crosswalk to give other vehicles an opportunity to see the crossing pedestrians so they can stop too.
- Slow down and be prepared to stop when turning or otherwise entering a crosswalk.
- Follow the speed limit, especially in safety sensitive zones.
- Never drive under the influence of alcohol and/or drugs.

Designated Crosswalks on Mainstreet

There are multiple locations along Mainstreet east of Parker Road for pedestrians to cross safely. Please make sure to utilize one of these crosswalks while in the downtown area:

- Mainstreet and Victorian Drive – at the corner of O'Brien Park
- Mainstreet and S. Pikes Peak Drive
- Mainstreet and Victorian Drive – on the east end of Parker Station
- Mainstreet and S. Pine Drive – by the PACE Center

Parker Police Celebrate Consumer Protection Week

Looking to protect yourself from fraud, identity theft and scams? Maybe you're wondering about the best way to use credit, how to shop for a used car or maximize your security online. The Parker Police Department will have information on these issues posted on their website and social media during National Consumer Protection Week, the first full week of March each year.

Tips on how to avoid fraud:

- Don't give out personal information. Be suspicious of anyone you don't know who asks for your Social Security number, credit card and bank account details, date of birth, etc.
- Don't be intimidated. Be suspicious of calls or emails that want you to provide or verify personal information immediately. Tell them you're not interested and hang up or don't reply to the email.
- Monitor your accounts. Review bank and credit card statements carefully. Report unauthorized transactions to your financial institution immediately.
- Use a shredder. Tear or shred credit offers you receive in the mail, bank statements, insurance forms and other papers with personal information.

Visit www.ParkerPolice.org for more information. You may also go to the National Consumer Protection Week website at www.NCPW.gov for free educational resources and to read blog posts from national consumer protection experts.

Volunteer Your Time, Become a Victim's Advocate

The Parker Police Department and Lone Tree Police Department are looking for volunteer advocates for the Parker/Lone Tree Victim Services Unit. Advocates provide immediate crisis intervention and support for victims of crime (and surviving families in cases of death, domestic violence, sexual assault and other crimes). Emotional support is provided, as well as information regarding available long-term support services.

Applicants must be at least 21 years old and able to work nights and weekends. They must be willing to commit to at least one year of service. Applicants must possess an open and non-judgmental attitude towards victims and survivors. If selected, applicants must complete a full background check, including a polygraph. Advocates will be provided in-depth and ongoing training on the dynamics of victimization, victim rights and the criminal justice system.

Interested parties should contact Nancy Prokop, Victim Services Coordinator, at 303.805.6601 or by email at nprokop@parkeronline.org before April 15.

Celebrate National Nutrition Month

The theme for National Nutrition Month 2015 is “Bite into a Healthy Lifestyle,” which encourages everyone to adopt eating and physical activity plans that are focused on consuming fewer calories, making informed food choices and getting daily exercise in order to achieve and maintain a healthy weight, reduce the risk of chronic disease and promote overall health.

Parker Parks and Recreation is celebrating National Nutrition Month by offering 20 percent off of Nutrition Coaching sessions and MedGem®, an analysis that accurately measures resting metabolic rate (RMR), allowing for the development of a personalized nutrition and weight management plan.

In addition to proper nutrition, regular physical activity is one of the most important things you can do for your health. It can reduce your risk of cardiovascular disease, strengthen your bones and muscles, reduce your risk of some cancers, improve your ability to participate in daily activities, prevent falls and improve your mental health and mood. Let Parker Parks and Recreation help you increase your health and wellness when you buy a 20-visit pass and get five visits FREE. Personal Training, Private Yoga and Pilates Reformer Training sessions will be buy three, get one FREE. These specials will run March 16 through 31.



For more information about these and other fitness and wellness programs, visit www.ParkerRec.com or contact Hillary Roemersberger at 303.805.3278 or hroemersberger@parkeronline.org.

Keep Your Kids Active with Spring Break Camps and Clinics!

Parker Parks and Recreation has a wide variety of Spring Break camps and clinics to keep kids active during their school breaks. For more information, visit us online at www.ParkerRec.com/SpringBreakCamps.

CAMP	DATES	DAY/TIME	AGE	FEE
Basketball Camps - Nothing But Net				
Spring Break Camp Session 1	March 23 - 26	M-Th; 9 a.m.-4 p.m.	6-15 years	\$170 R/NR, \$155 sibling
Spring Break Camp Session 2	March 30 - April 2	M-Th; 9 a.m.-4 p.m.	6-15 years	\$170 R/NR, \$155 sibling
Fencing Camp				
Fencing Spring Break Camp	March 23 - 27	M-F; 9 a.m.-noon	8-18 years	\$200 R/NR
Lacrosse Camp				
Brian Langtry Beginner's LAX Camp	April 2-3	Th, F; noon-3 p.m.	grades K-8	\$100 R/NR
Skateboard Camp				
Vans/SkateStart Spring Break SkateCamp	March 26	Th; 9 a.m.-3 p.m.	6-14 years	\$85 R/\$93 NR
Soccer Camps				
Footability Spring Break Camp	March 23 - 25	M-W; 9-10:30 a.m.	9-14 years	\$75 R/\$82 NR
Performance Soccer Goalie Academy	March 23 - 26	M-Th; time varies by age	U8-U14	varies
Volleyball Camp				
303 Volleyball Spring Break Clinics	March 27	F; time varies by age	4-14 years	varies

Spring into Action with Parker Parks and Recreation!

Join Us on the Climbing Wall

The Parker Fieldhouse Climbing Wall features a 25-foot tower and bouldering island that incorporate natural features for a realistic rock feel. The wall's many hand and foot holds present a variety of challenges for both novice and experienced climbers. Through March, adults 18 and older receive a FREE harness and shoe rental with their Fieldhouse admission. Also FREE, ages 14 and older can attend Belay Training every Friday at 5:30 p.m.

Climb for fitness! Supplement your current fitness routine with a few sessions on the Climbing Wall that offer a total-body workout for muscular strength and endurance. No climbing experience is needed and your first session is FREE!

For our youth climbers ages 8 to 14, try the Mt. Everest Challenge. Simulating the southern route to Everest, successful participants place their flag on our Everest model and their name is engraved on our Challenge plaque. The cost is only \$20, which includes a punch card for 10 harness and shoe rentals. Climbing Instruction classes are also available for ages 5 through adult. Visit www.ParkerRec.com/ClimbingWall for a class schedule and registration.

Registration for Summer Day Camp Opens Soon

Summer Day Camp fills up fast! Registration meeting sign-up opens online at 6 a.m. on March 17. If the early registration meetings fill, we will take registrations on a first-come, first-served basis beginning at 7 a.m. on April 13. For more information, visit us online at www.ParkerRec.com/DayCamp.

Amp Up Your Routine with NEW Tabata Group Fitness Classes

Looking to bring your fitness routine to the next level? Try our NEW Tabata Strength group fitness class on Mondays from 10:10 to 11 a.m. Push through 20-second intervals of high intensity strength exercise followed by 10 seconds of rest, just enough to catch your breath! The series repeats eight times, then on to another set of exciting exercises. Use dumbbells and barbells to get in the best shape of your life, feel the burn and waste no time! Want more cardio? Try Tabata Boot Camp, offered on Tuesdays and Fridays from 5:45 to 6:45 a.m. The American College of Sports Medicine has named Tabata one of the hottest fitness trends of 2015. These classes are FREE with membership or daily admission. For more information, please visit www.ParkerRec.com/GroupFitness.

Unlocking Social Security

You have paid into the system your entire life, now what? In this workshop you will learn little-known claiming strategies that can potentially have a major impact in retirement. Class is offered on Tuesday, March 9 from 6:15 to 8:15 p.m. at the Mainstreet Center. Cost is \$22 for Parker residents and \$26 for non-residents. We will cover income limitations if you retire early, spouse, ex-spouse and survivor benefits, delayed retirement credits and file-and-suspend strategies. To register, visit us online at www.ParkerRec.com/Enrichment.

The Town of Parker is Looking for Lifeguards!

Looking for that perfect summer job? The Town of Parker is seeking highly motivated and enthusiastic American Red Cross Certified Lifeguards. Benefits include competitive pay and free admission to the Town of Parker Recreation Center and Fieldhouse. Year-round lifeguard positions are also available.

Not lifeguard certified? Attend our Lifeguard Training class March 23 through 26 at the Parker Recreation Center. Register for the class online at www.ParkerRec.com/LifeguardTraining. To apply for a lifeguard position, visit our employment page at www.ParkerOnline.org/Employment.

Visit www.ParkerRec.com or call 303.841.4500 for information or to register for programs.



Get in the Swing of Spring with Parker Arts!

With new art shows, great music, educational and cultural opportunities on the way, Parker Arts invites you to get in the swing of spring! For tickets and more information, visit www.ParkerArts.org or call our Box Office at 303.805.6800.

Rocky Mountain Brassworks: Celtic Storm

- March 15; 2 p.m.

By popular demand, Denver's only authentic brass band will perform again at the PACE Center. Rocky Mountain Brassworks continues its concert season with its most popular performance, "Celtic Storm," featuring a bagpipe and drum band, as well as a talented troupe of highland dancers. Enjoy your favorite Celtic music selections, including "Danny Boy," "Scotland the Brave" and "Riverdance."

Into the Woods

- April 10 to 19; times vary

Parker Arts is teaming up with Parker Theatre Productions, the folks who brought you "Guys & Dolls," "Oklahoma!" and "Fiddler On the Roof," to present Stephen Sondheim and James Lapine's "Into the Woods," a modern musical look at the beloved Brothers Grimm fairy tales. The Mainstreet Theater is the ideal venue to allow audiences to experience the simple emotional intimacy inherent in the show. The adult cast features professionals and local favorites.

Ivy + Bean: The Musical

- April 23 to 24; times vary

Based on *The New York Times* best-selling children's books series by author Annie Barrows and illustrator Sophie Blackhall, "Ivy + Bean, The Musical," is the story of an unexpected friendship between two very different second graders.

Christopher O'Riley: Out of My Hands

- April 25; 7:30 p.m.

The classical crossover pianist and host of NPR's "From the Top," astonishes with music from Rachmaninoff to Radiohead. As a prestigious artist, pianist and national media personality, Mr. O'Riley has dazzled the world over on stage, the radio and his records. His memorable interpretations of traditional and popular repertoire make him a cherished bridge between musical tastes, genres and audience worldwide. Audiences will get a special treat when Christopher O'Riley performs a medley of Joni Mitchell songs along with the DU Evans Choir.

Take a Break this Spring Break!

Looking for enriching activities for your kids to do during Spring Break? Look no further than the PACE Center!

Music and Mayhem Camp

- Ages: 6 to 15
- March 23 to 27, 10 a.m. to 3 p.m.
 - Fee: \$220 R/\$242 NR (call for sibling discount)

This camp will feature all kinds of music, dance and theatrical mayhem! Students will have the opportunity to play games, work on scenes, learn songs and choreography for a variety of different musical genres from musical theatre to contemporary pop tunes.

Super Hero Master Engineering Using LEGO®

- Ages: 7 to 12
- March 23 to 27, 1 to 4 p.m.
 - Fee: \$178 R/\$195 NR

Explore the tools and techniques of your favorite caped crusaders and learn what makes them not only Super Heroes, but super engineers. An engineering curriculum designed by Play-Well challenges heroes to design, build and save a city where ingenuity and imagination can solve any conflict.

Super Hero Engineering Using LEGO®

- Ages: 5 to 6
- March 23 to 27, 9 a.m. to noon
 - Fee: \$178 R/\$195 NR

Save the world with LEGO® Super Heroes! Build the hideouts and vehicles of your favorite caped crusaders and learn what makes them not only Super Heroes, but Super Hero Engineers! An experienced Play-Well instructor guides young heroes as they design, build and save a city where ingenuity and imagination can solve any conflict.

Interstellar Adventure Spring Break Camp

- Ages: 6 to 12
- March 30 to April 3, 9 a.m. to noon
 - Fee: \$115 R/\$126 NR - half day
- March 30 to April 3, 9 a.m. to 4 p.m.
 - Fee: \$165 R/ \$181 NR - full day

SpaceTime's Interstellar Adventure camp takes kids on a journey beyond the edges of our solar system to explore the many mysteries of deep space, including traveling near the speed of light, piloting a nuclear-powered spacecraft, taking shortcuts through wormholes and much more.

The Art of Photography at the Mainstreet Center: March 20 - May 1

The Parker Artists Guild will present "The Art of Photography," the second of five special shows for 2015 at the Mainstreet Center art gallery, March 20 through May 1.

This Mainstreet Center gallery has been established under a contract between the PAG and the Town of Parker for the promotion of quality art by resident artists.

The goal of the Mainstreet Center shows, unlike other PAG venues around Parker, is to provide a unique opportunity for member artists to present their best work, juried by their peers. The Guild hopes to provide education to the public about various forms of art and aid its members in building their skills and confidence in different artistic styles.



"Sunset over Monument Valley" by Steve Schwartz



Save the Date: Town of Parker Blood Drive

The Town of Parker will be hosting a Blood Drive on Tuesday, March 17 from 9:30 a.m. to 3:30 p.m. at Town Hall. This event is open to all residents who would like to participate. Please set up an appointment time by contacting Diane Lewis at dlewis@parkeronline.org or 303.805.3332.

Community Development Corner

Planning and Building a Healthy and Sustainable Parker!

- Comprehensive Planning continues to work on the Mainstreet Master Plan with an urban design/planning consultant. The Plan is a long-range visioning document that will make recommendations on land use and development policy, urban design and circulation in the Mainstreet corridor (Twenty Mile Road on the west to Town Hall on the east). Watch for a draft plan open house coming this spring!
- A new town-wide Wayfinding Signage Program will be developed this year to provide improved custom orientation and wayfinding signage around town. With the help of a team of environmental graphic designers, the Town hopes to create not just a sign program but one that will enhance Parker's assets by promoting memorable places and more meaningful visitor experiences.

Transit Tidbits

- RTD Proposes Increase in Bus Route 153: RTD is proposing to add three midday round-trips on Route 153 to and from Parker, extending the morning bus service to 10:30 a.m. and beginning afternoon service at 1:30 p.m. If approved by the RTD Board of Directors, changes will be effective May 10.
- Bustang is Coming to the I-25 and I-70 Corridors: The Colorado Department of Transportation (CDOT) has a new interregional express bus service and a new big luxury purple bus coming to our region! Starting late spring 2015, Bustang will offer three major service routes during peak commuter hours, Monday through Friday along the busy I-25 and I-70 corridors, with service to Fort Collins, Colorado Springs and Glenwood Springs. Learn more on fares, amenities and schedules at www.RideBustang.com.



The Town of Parker's Community Development Department, which consists of four divisions (Building, Comprehensive Planning, Development Review and Neighborhood Services), can be reached by calling 303.841.2332. Visit the department's website at www.ParkerOnline.org/CommunityDevelopment.

Town of
Parker COLORADO™
Talk of the Town

20120 E. Mainstreet
Parker, CO 80138-7334
303.841.0353

www.ParkerOnline.org
town@parkeronline.org

Town Council

Mike Waid, Mayor
John Diak
Amy Holland
Debbie Lewis
Josh Martin
Joshua Rivero
Renee Williams

Town Administrator

Randy Young

Deputy Town Administrator

Michelle Kivela

**Produced by the
Communications Department**

Elise Penington, Director
Andy Anderson, Coordinator

PRSRT STD RATE
U.S. POSTAGE
PAID
PARKER, CO
PERMIT NO. 100

To: Parker Resident



March 2015 Community Calendar

Town Council Meeting

March 2 & 16; 7 p.m.
Parker Town Hall

Town Council Study Session

March 9 & 23; 5:30 p.m.
Parker Town Hall

Planning Commission

March 12 & 26; 7 p.m.
Parker Town Hall

Special Licensing Authority

March 19; 7 p.m.
Parker Town Hall

Meetings are occasionally canceled or rescheduled. Call 303.841.0353 for more information.

Town Hall

303.841.0353

Public Works

303.840.9546

Recreation Center

17301 E. Lincoln Ave.
303.841.4500

Fieldhouse

18700 E. Plaza Dr.
303.805.6300

Parker Police Department

18600 E. Lincoln Meadows Pkwy.
303.841.9800

PACE Center

20000 Pikes Peak Ave.
303.805.6800

Economic Development

19801 E. Mainstreet
303.805.6260

Upcoming Community Events

TIPS Alcohol Training & Certification

March 4; 4 to 7 p.m.
Parker Police Department
Go to www.ParkerPolice.org or call 303.841.9800 for more information.

Ponderosa Theatre Company

Presents: A Little Princess
March 5 to 7; 7 p.m.
Ponderosa HS
Go to www.PonderosaTheatreCompany.com for more information.

Parents' Night Out

March 7; 6 to 10:30 p.m.
Parker Fieldhouse
Go to www.ColoradoBluegrass.org or call 303.918.0335 for more information.

Bluegrass at Mainstreet

March 7; 7 p.m.
Mainstreet Center
Go to www.ColoradoBluegrass.org or call 303.918.0335 for more information.

Parker Area Historical Society

March Lecture
March 10; 6:30 p.m.
Ruth Memorial Chapel
Go to www.ParkerHistory.org for more information.

Homeowner Building Class

March 12; 6 p.m.
Town Hall
Go to www.ParkerOnline.org or call 303.841.1970 for more information.

Rocky Mountain Brassworks:

Celtic Storm
March 15; 2 p.m.
PACE Center
Go to www.ParkerArts.org or call 303.805.6800 for more information.

Parent-Teen Safe Driving Workshop

March 16; 7 to 8 p.m.
Parker Police Department
Go to www.ParkerPolice.org or call 303.841.9800 for more information.

Town of Parker Blood Drive

March 17; 9:30 a.m. to 3:30 p.m.
Parker Town Hall
Call Diane Lewis at 303.805.3332 for more information or to set an appointment.

Saturday Skate Night

March 21; 5:30 to 9 p.m.
Parker Fieldhouse
Go to www.ParkerRec.com/SkateNight or call 303.805.6300 for more information.

Town Hall Notice

No Building Inspections Performed
March 5
The Building Division of the Town's Community Development Department will not be performing inspections on this day, but the office will remain open for normal business.

Did You Know...

Your business logo could be featured in Talk of the Town as part of our recently updated Town Partner program! Contact Erin Atkinson for more information on how to become a Town Partner at 303.805.3253 or sponsorship@parkeronline.org.